



## SAFE SURGERIES

Proud to be a Safe Surgery



**Armed Forces veteran friendly accredited GP practice**

**Kirpal Medical Practice and Dr. Bhalla & Partners Surgery's are now a Veteran Friendly Accredited Practice.**



**Social Prescribers are running Menopause Clinic at Soho Health Centre**

Please Contact the Front Reception For more information.

### Online Appointments

Our practice has been enabling online bookings for GP telephone appointments (Please **DO NOT BOOK** if you have Abdominal Pains, Rashes and conditions which require you to be seen face2face.

**PLEASE NOTE:** The practice has the right to cancel this appointment if they feel this has been inappropriately booked (SICKNOTES, REPEAT PRESCRIPTIONS, REQUESTING LETTERS) and any conditions which can be dealt with PHARMACY FIRST). You can also book telephone consultations online if you feel your problem can be dealt with over the phone. To utilize this facility, it's necessary to be enrolled as a patient within our practice. Once you've completed your registration with our practice, you can then proceed to register for this service. In future we endeavour to provide face to face appointments.

This can help us save a GP appointment for you when you really need it.

**Thank you for your understanding.**

*Pre-bookable Slots for following week  
Call Every Friday  
Between  
5:00PM & 6:00PM*

**KIRPAL MEDICAL PRACTICE**  
**&**  
**DR BHALLA AND PARTNERS**

**AUGUST NEWSLETTER**  
Information for Patients

Updated: 05/08/2024  
Review: 04/09/2024

<https://kirpalmedicalpractice.co.uk/>  
<https://www.drballaspractice.nhs.uk/>

Phone Number: 0121 203 5100 Bhalla  
Phone Number: 0121 203 5040 Kirpal  
Address: 247-251 Soho Road Health Centre  
Handsworth, Birmingham  
B21 9RY

#### OPENING TIMES

Monday: 8.00 - 6.30

Tuesday: 8.00 - 6.30

*(Extended Access 06:30 Pm - 08:00 Pm)*

Wednesday: 8.00 - 8.00

Thursday: 8.00 - 6.30

Friday: 8.00 - 6.30

Saturday: **Closed**

*(Extended Access 09:00 Am - 05:00 Pm at Holyhead Primary Healthcare Centre)*

Sunday: **Closed**

**Disclaimer:** Appointment times are 9am till 11.30am for the morning and 3pm till 5.30pm for the afternoon.

## Playday 7th August

Playday is the national day for play, celebrated each year across the UK on the first Wednesday in August. Playday 2024 will be celebrated on Wednesday 7 August.

### **Play – the culture of childhood**

#### **Supporting play, fun and friendships**

Playfulness is a distinct feature of behaviour across generations and cultures. Playing generates a culture of childhood.

#### **Playing is vital for children's health, happiness, and creativity. Through play:**

- children develop a sense of, and value for culture
- cultural exploration is encouraged, fostering an appreciation for diversity
- children work together, negotiate, and build relationships.
- children feel connected to each other and their neighbourhoods
- children create and pass on games, songs and stories.

Play is every child's right – on Playday and every day.

## Upcoming Vaccination Campaigns

### **You can get the flu vaccine if you are:**

- Aged 65 or over.
- Aged 6- 64 and have certain long-term health conditions.
- pregnant.
- Live in a care home
- The main carer for an older or disabled person or receive a carer's allowance.

### **Respiratory Syncytial Virus (RSV)**

RSV is a common cause of coughs and colds. It usually gets better by itself, but it can be serious for some babies and older adults.

RSV is spread in the air like other respiratory illnesses such as flu and covid.

There is a new vaccine available on the NHS to help protect against RSV and this is available to you if you are:

- Aged 75-79
- You are 28 weeks pregnant or more as the vaccine will protect your baby in the first few months after they are born. Please speak to your midwife about getting the vaccine.

If you are in the older eligible group ie 75-79 we will contact, you when we have the vaccine available and we will invite you into the surgery for your vaccination. We hope this will be sometime during September.

### **Repeat prescriptions.**

A GP must authorise every repeat prescription.

This takes 48hours/2 full working days.

Please Note, at busy times, it may take little longer.

Day Request Received	Day your [Prescription/ Medication] is ready to collect after 2.00 Pm
Monday	Wednesday
Tuesday	Thursday
Wednesday	Friday
Thursday	Monday
Friday	Tuesday

**\*\*\*Please note, you can request a repeat prescription online, ask a member of our staff for the details. We do not accept repeat prescription over the phone. \*\*\***

**In an emergency, Visit A&E immediately or call 999.**

**FOR ANY FURTHER DETAILS OR QUESTIONS, PLEASE FEEL FREE TO SPEAK TO A RECEPTIONIST.**